Certificate Courses Organized in 2020-21

1. For Students-   06
2. For Teaching and Non-Teaching staff-   01
3. For Home makers -   01

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

DEPARTMENT OF PHYSICS
&
DEPARTMENT OF MATHEMATICS

JOINTLY CONDUCTING
ONLINE CERTIFICATE COURSE
IN
MOBILE REPAIRING COURSE

(APRIL 16TH TO MAY 6TH 2021 , TIME: 12PM TO 2PM)

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

(Affiliated to Satavahana University)

NAAC Accredited with "B+" 3rd Cycle

An ISO 9001:2015 Certified Institute

In the collaboration of PHYSICS & MATHEMATICS Departments

CERTIFICATE COURSE

On

"MOBILE PHONE REPAIRING"

ORGANIZING COMMITTEE
N. Satyanarayana Reddy
Incharge
Department of Physics
CH. Narsimhulu
P. Aruna
V. Radha Kishan
E. Sravanthi

Through Zoom app.
From 16/04/2021 (30 hr.s)

For registration :

https://docs.google.com/forms/d/e/1FAIpQLSdD-dbxriv4mcwhunw4s61mosgCUsIIkmZgZJ6enGXJ0v-unw/viewform?usp=sf_link

Dr. T. Sreelakshmi
Principal & Chairperson

Principal & Chairperson : Dr. T. Sreelakshmi

Faculty concerned: N. SatyanarayanaReddy I/C Department of Physics
                   CH. Narsimhulu, lecturer in Physics
                   P. Aruna, lecturer in Physics
                   V. Radha Kishan , lecturer in mathematics
                   E. Sravanthi , lecturer in mathematics

Technical Assistant : P. Aruna, lecturer in Physics

Duration : 30 Hrs
Eligibility : Under Graduates.
Timings : 12 pm to 2pm
Days : APRIL 16TH TO MAY 6TH .
Mode of study : Face to Face through Zoom app.
Fee : Rs .100/-

Back Ground : This course aims to learn the basic literature and functioning of the cell phone and minor repairs in cell phone. Now a days cell phone / mobile phone is inevitable. We cannot assume our life without the cell phone. It became a part of our body. Generally, we face many problems while using. So, to know which type of trouble it had and do miner repairs , we introduced this course.

Learning Objects and intended skills of the course :
1. The course has been designed for UG students to be able to know about the miner repairs generally occur in mobile phones.
2. To help learner and identify the trouble occurred to the phone and fix the problem . So that they can aware and self repair the phones, and stop run to repair persons in this pandemic situation.
3. To improve their skills.
4. To develop confidence and interpersonal skills .
5. To enhance employability skills .
6. To get the skills for self employability.
7. To train like a multi talented , skilled persons.

Course trainer : M. Kiran , certified trainer

Course Chairperson : Dr. T. Sreelakshmi Principal GDCW,Karimnagar

Course Coordinator : N. Satyanarayana Reddy Incharge Department of Physics

Course Co-Coordinator : P. Aruna , Lecturer in Physics

Our mobile phone repair course covers:
•Theory
•Practical
•Additional Practice
At Prizm Institute, the syllabus for mobile phone repair course is divided into 5 modules. The program covers all the topics that are necessary to learn for repairing and servicing mobile phones.

Mobile Repairing Course Syllabus

Module 1 (Basics and Basic Electronics)

The first module will act as a bridging course for those students who do not have any prior knowledge about the field. For others, who already have prior knowledge about electrical and electronic engineering, this module will help them revise these concepts.

•Basics of mobile communication.
•Study of Digital Electronics.
•Assembling and disassembling of various models of mobile phones.
•Study of various tools and equipment used in mobile phone repairs.
•Study of parts inside a mobile phone.
•Using a multimeter.
•Use of DC Power Supply (Jhatka machine).

Module 2 (Hardware Repair)

The second module will focus on hardware and teach the students how to handle and replace various electronic parts. It will help them to learn all the hardware repair procedures in a more comprehensive manner.

- Introduction and study of Printed Circuit Board (Motherboard).
- Details of various components on the PCB.
- Testing of various parts and components.
- Study of different ICs (chips) used on the motherboard.
- How to recognize various ICs.
- Soldering & desoldering of components by using a soldering iron.
- Soldering & desoldering of components by using a rework station.
- Reheating and mounting of various BGA and SMD chips.
- Ultrasonic cleaning procedure.

Module 3 (Software Repair)

Software problems are some of the most common ones faced by smartphone users. Sometimes, a software problem can lead to hardware abnormalities as well. This module will teach you how to perform various software repairing techniques.

•Detailed study of various faults arising due to corrupt software.

•Introduction of various flasher boxes and software.

•Flashing of various brands of handsets.

•Removing virus from infected phones.

•Unlocking of handsets through codes and/or software.

•Use of various secret codes.

Module 4 (Basic and Advanced Troubleshooting)
After receiving a customer's complaint, it is important to understand where the problem of the phone lies - hardware or software; and then repair it accordingly. This is where the troubleshooting module will come in handy. This module will teach you how to troubleshoot the problems in a mobile phone almost like an experienced mobile phone repair technician.
•Fault finding, troubleshooting and repairing of various faults.
•Common repair procedure for hardware related faults.
•Common repair procedure for software related faults.
•Water damaged repair techniques.
•Circuit tracing, jumper techniques and solutions.
•Troubleshooting through schematic diagrams.
•Use of internet for troubleshooting faults.
•Advanced troubleshooting techniques.

Module 5 (Additional Learning)

To be a successful mobile phone repair technician, one needs to know more than just the technical aspects of fixing a phone. This module aims to teach some additional topics to help you become a better mobile phone repair engineer.

•Clearing of all previous doubts

•Guidance to start and manage your own mobile repair center.

•Guidance to successfully work as a technician.

•Procuring tools, spare parts and accessories.

•Dealing with customers and distributors.

•Marketing your mobile phone repair business

We also teach our students various tips, tricks and trade secrets which are unknown to many technicians. This will help you in your all-round development and make you a professional mobile phone repair technician.

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

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Certificate Course

This is to certify that Mr./Mrs./Ms./Dr. NIDA MAHEEN , B.Sc.,MPCs from Government Degree College for Women, Karimnagar has successfully completed the 30hr online Certificate Course in Mobile Phone Repairing organized by the Departments of Physics and Mathematics during the year 2020-2021.

P. Aruna
Convenor

CH. Narsimhulu
Convenor

N. Satyanarayana Reddy
Convenor

Dr. T. Sreelakshmi
Principal & Chairperson

Join our Cloud HD Video Meeting
Zoom is the leader in modern enterprise video communications, with an easy, reliable cloud ...
us04web.zoom.us

Valedictory Session

The organizing team of **Mobile Repairing** online Certificate Course welcomes you all to the Valedictory session of the course.
Date : 06/05/2021
Time: 11.15 Am

Join Zoom Meeting
https://us04web.zoom.us/j/72690917014?pwd=YmJHQXJWaElWWm0yMzJ0Z3FhWkRldz09

Meeting ID: 726 9091 7014
Passcode: NUJiO0a

THE END

GOVERNMENT DEGREE COLLEGE FOR WOMEN, KARIMNAGAR

TELANGANA SKILLS AND KNOWLEDGE CENTRE

&

DEPARTMENT OF ENGLISH

JOINTLY

CONDUCTING

ONLINE CERTIFICATE COURSE

IN

"COMMUNICATION SKILLS IN ENGLISH"

(April 15th to April 30th 2021, Time: 3:00 PM to 5 PM)

Principal & Chairperson : Dr. T.Sreelakshmi

Faculty concerned : Ch.Shobha Rani, Asst. Prof. of English

P.Jayakara Rao, Asst. Prof. of English

A.Meenakshi, I/C Dept. of English

D.S.Chakravarthi, Asst. Prof. of English

Dr.I.J.N.Mallika, Asst. Prof. of English

Technical Assistant : G.Rajashekhar, TSKC FTM

Duration : 30 Hrs.

Eligibility : Under Graduates.

Timings : 3 Pm to 5 Pm.

Days : April 15th 2021 to April 30th 2021.

Mode of Study : Face to Face though Zoom App.

Fee : Free of Cost.

Back Ground:

This course aims to interest and inform students about a wide range of popular topics through a variety of authentic texts. Each lesson focuses on main skills and including practicing of tasks related to topics. This integrated skills approach will be of great benefit to students and help them to develop their four skills simultaneously as they would in real life.

Learning Objects and intended skills of the Course:

1. The course has been designed for UG students to be able to create an awareness about the four fold language skills i.e. LSRW skills.
2. To help learner identity and repair the voids in her present vocabulary and pronunciation targeting those specific array of words which create a barrier in her thought process.
3. To improve the accuracy and fluency of their pronunciation.
4. To enhance employability skills.
5. To develop confidence and interpersonal skills.
6. To enable the learner to achieve adequate linguistic skills to help her international certification tests of English such as IELTS and TOEFL.
7. To impart better writing skills by sensitizing the learners to the dynamics of effective learning.

Course Trainers

S.No	Name of the Faculty	Designation	Signature
1	Ch.Shobha Rani	Asst. Prof. of English	
2	P.Jayakar Rao	Asst. Prof. of English	
3	A.Meenakshi	I/C Dept. of English,	
4	D.S.Chakravarthi	IQAC Coordinator, Asst. Prof. of English	
5	Dr.I.J.N.Mallika	Asst. Prof. of Enlgish	

Course Coordinator   Course Co-Coordinator   Course Chairperson
Ch.Shobha Rani   P. Jayakar Rao   Dr. T.Sreelakshmi
TSKC & CGC Coordinator   Principal
                                               GDC (W) KNR.

TSKC & Dept. Of English Jointly Conducting Online Certificate Course in Communication Skills in English.

CURRICULUM SYLLUBUS

UNIT-I

Listening skills

1. Barriers of listening	1 Hr

Speaking & Reading Skills

1. How to develop speaking skills	1 Hr
2. Speech sounds in English	2 Hrs
3. Stress	1 Hr
4. Intonation	1 Hr
5. Rhythm and Voice quality	1 Hr
6. Characteristics of speech	1 Hr
7. Group Discussion	1 Hr
8. Mock Interview	1 Hr
9. JAM	1 Hr
10. Strategies for spoken English	1 Hr
11. How to develop Reading skills inculcating the habit of reading	2 Hrs

UNIT – III

Corporate Writing

1. Drafting Emails	1 Hr
2. Report writing	1 Hr
3. Note Making	1 Hr
4. Note Taking	1 Hr
5. Resume	2 Hrs
6. Letter writing	1 Hr
7. Drafting Agenda minutes, notices, proposals	3 Hrs

UNIT – IV

English for competitive exam

1. Idioms & Phrases	1 Hr
2. Error Correction	1 Hr
3. One word Substitutes	1 Hr
4. Prefixes	1 Hr
5. Suffixes	1 Hr
6. Homophones	1 Hr

TIME TABLE & SYLLUBUS ALLOCATION TO TRAINERS
(Aptil 15th to 30th 2020 , 3pm to 5 pm)

1. Ch. Shobha Rani,   **(15th , 16th & 17th of April 2021)**

a. Idioms & Phrases   1 Hr
b. Error Correction   1 Hr
c. One word Substitutes   1 Hr
d. Prefixes   1 Hr
e. Suffixes   1 Hr
f. Homophones   1 Hr

2. Dr. I.J.N.Mallika   **(18th , 19th & 20th of April 2021)**
a. Barriers of listening   1 Hr
b. How to develop speaking skills   1 Hr
c. Group Discussion   1 Hr
d. Speech sounds in English   2 Hrs
e. Stress   1 Hr

3. P.Jayakar rao   **(22nd , 23rd & 24th of April 2021)**
a. Intonation   1 Hr
b. Rhythm and Voice quality   1 Hr
c. Characteristics of speech   1 Hr
d. Mock Interview   1 Hr
e. JAM   1 Hr
f. Strategies for spoken English   1 Hr

4. D.S.Chakravarthi   **(25th , 26th & 27th of April 2021)**
a. How to develop Reading skills inculcating the habit of reading   2 Hrs
b. Drafting Emails   1 Hr
c. Report writing   1 Hr
d. Note Making   1 Hr
e. Note Taking   1 Hr

5. A.Meenakshi   **(28th , 29th & 30 th of April 2021)**
a. Resume   2 Hrs
b. Letter writing   1 Hr
c. Drafting Agenda minutes, notices, proposals   3 Hrs

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR
WOMEN EMPOWERMENT CELL

KARATE FOR SELF DEFENCE

"Karate is not about the techniques and their execution, but about boldness,integrity and fight for justice and common good."

" Courage first,power second ,and technique third".. To empower the women in a real sense….WEC had introduced a certificate course in KARATE FOR SELF DEFENCE in 2019 and even in current pandemic situations, have continued the certificate course of Karate on an online platform.

GOVT.DEGREE COLLEGE FOR WOMEN, KARIMNAGAR
WOMEN EMPOWERMENT CELL
"KARATE FOR SELF DEFENCE"
(Online certificate course)
From 19.04.2021

Dr.T.Sree Lakshmi
Principal

Shihan
K.Vasanth kumar
Black belt 7th Dan

Mrs.Swapna.
Blackbelt 3rd Dan
Bangalore

N.Sangeeta Rani
Asst.prof of zoology
WEC Convenor.

Technical Support :- M.Kalpana & D.Srinivas .....
WEC Members:- Dr.Prashanti,R.Sunita & Dr.B.Rajani Devi

**The training programme started on 19.04.2021 on online mode (zoom) and continued for 30 days.**

Grand master Shihan Mr.K.Vasanth Kumar and Mrs.Swapna Subramanyam,Black belt 3rd Dan of Bangalore had rendered their voluntary service to the students and trained various self defence techniques and yellow belt course of karate.More than 150 students registered for the course in WhatsApp group.
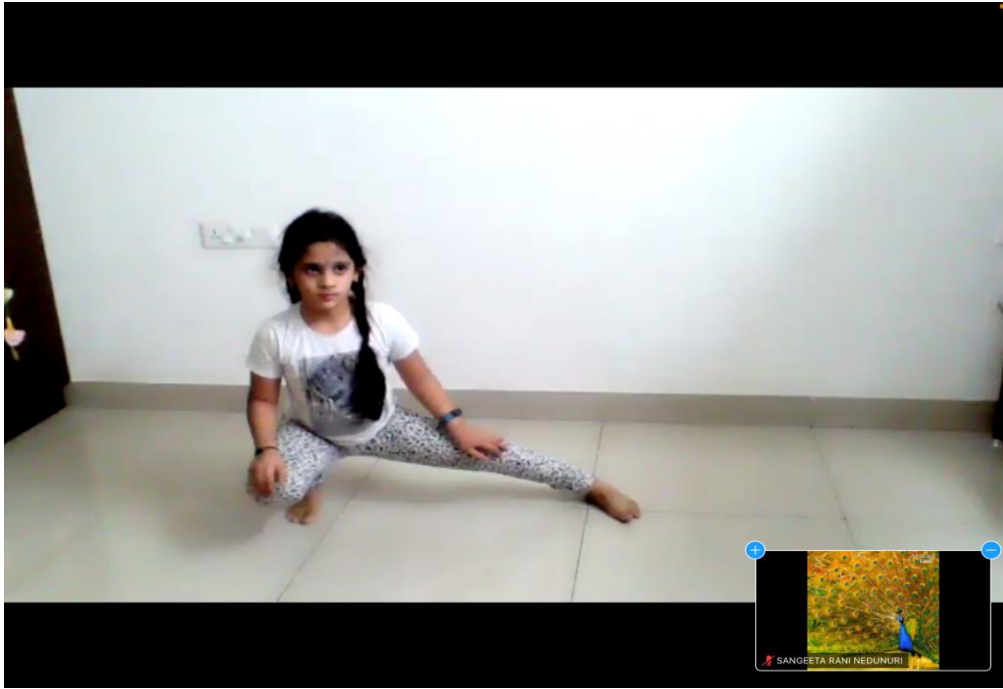
A valedictory ceremony of Karate for self defence was conducted on 17.05.2021. Students performed the techniques which they learnt during the course period which was quite appreciative. Shihan K.Vasanth Kumar and Sensai Swapna addressed and congratulated the students for successful completion of course.

Shihan K.Vasanth kumar Black belt 7th Dan
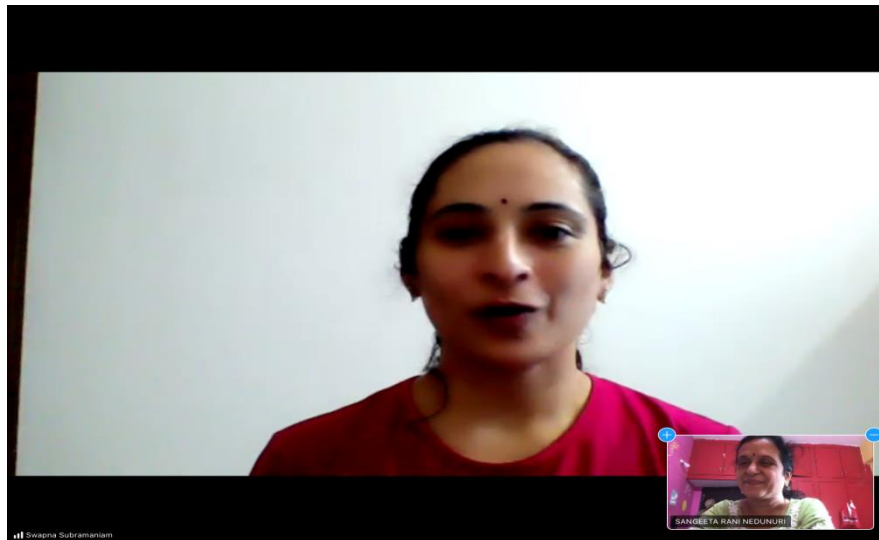
Sensai Swapna Subramanyam

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

DEPARTMENT OF COMMERCE & COMPUTER APPLICATIONS

ORGANISED

ONLINE CERTIFICATE COURSE

ON

"MICRO SOFT-WORD APPLICATION"

FROM 27-01-2021 TO 10-02-2021

GOVT DEGREE COLLEGE FOR WOMEN, KARIMNAGAR

ONLINE CERTIFICATE COURSE ON MS WORD APPLICATION
FROM 27.01.2021 TO 10.02.2021, 15 days 30 hours for B.Com III year

Course objectives

- Indicate the names and functions of the Word interface components.
- Create, edit, save, and print documents to include documents with lists and tables.
- Format text and to use styles.
- Add a header and footer to a document.
- Add a footnote to a document.
- Add a graphic to a document.
- Use the Spelling and Grammar Checker as well as Microsoft Help.
- Manipulate documents using functions such as find and replace; cut, copy, replace.

Names of Resource Persons

1. Dr.T.Lavanya   Asst.Prof of Commerce
2. Dr.B.Rajani Devi   Lecturer in Commerce
3. J.Swapna   Lecturer in Commerce
4. M.Kalpana   Lecturer in Computer Science & Applications
5. P.Sushma   Lecturer in Computer Science & Applications
6. D.Srinivas   Lecturer in Computer Science & Applications

Content of the Course

Getting started with Word

- Starting Word
- Understanding the start screen
- Creating a new blank document
- The word screen
- How Microsoft Word works
- Using the ribbon
- Showing and collapsing the ribbon
- Understanding the backstage view
- Accessing the backstage view
- Using shortcut menus

- ➢ Understanding dialog boxes
- ➢ Launching dialog boxes
- ➢ Understanding the quick access toolbar
- ➢ Adding commands to the QAT
- ➢ Understanding the status bar
- ➢ Exiting safely from Word

Creating document

- ➢ Creating documents in word
- ➢ Typing text
- ➢ The save as place
- ➢ The save as dialog box
- ➢ Saving a new document on your computer
- ➢ Typing numbers
- ➢ Inserting a date
- ➢ Document proofing
- ➢ Checking spelling and grammar
- ➢ Making basic changes
- ➢ Saving an existing document
- ➢ Printing a document
- ➢ Safely closing a document

Working with a document

- ➢ The open place
- ➢ The open dialog box
- ➢ Opening an existing document
- ➢ Navigating with the keyboard
- ➢ Scrolling through a document
- ➢ Page zooming
- ➢ Viewing the ruler
- ➢ Showing paragraph marks
- ➢ Counting words

Viewing documents

- ➢ Viewing multiple pages
- ➢ Splitting the window
- ➢ Opening a new window
- ➢ Understanding document views
- ➢ Changing document views
- ➢ Understanding read mode
- ➢ Viewing a document in read mode
- ➢ Using resume reading

Working with text

- Techniques for selecting text
- Selecting text using the mouse
- Selecting text using the keyboard
- Editing text in insert mode
- Editing text in overtype mode
- Deleting text
- Using undo
- Using redo
- Understanding find and replace
- Finding words
- Replacing words
- Using go to
- Understanding cutting and copying
- Cutting and pasting
- Copying and pasting
- Drag and drop cutting
- Drag and drop copying
- Using the clipboard task pane

Text appearance

- Understanding font formatting
- Understanding font formatting tools
- Working with live preview
- Changing fonts
- Changing font size
- Increasing and decreasing font size
- Making text bold
- Italicizing text
- Underlining text
- Highlighting text
- Changing text colour
- Using the format painter
- Using the font dialog box
- Clearing font formatting

Working with paragraphs

- Understanding paragraph formatting
- Understanding text alignment
- Changing text alignments
- Changing line spacing

- ➢ Changing paragraph spacing
- ➢ Indenting paragraphs
- ➢ Out denting paragraphs
- ➢ Starting a bulleted list
- ➢ Adding bullets to existing paragraphs
- ➢ Removing existing bullets
- ➢ Starting a numbered list
- ➢ Numbering existing paragraphs
- ➢ Removing existing numbers
- ➢ Shading paragraphs
- ➢ Applying borders to paragraphs
- ➢ Using the paragraph dialog box

Working with pages

- ➢ Changing page margins
- ➢ Setting custom margins
- ➢ Changing page orientation
- ➢ Changing paper sizing
- ➢ Setting custom paper sizes
- ➢ Inserting page breaks
- ➢ Removing page breaks
- ➢ Inserting page numbers
- ➢ Formatting page numbers
- ➢ Removing page numbers

Tabs and tables

- ➢ Using default tabs
- ➢ Setting tabs on the ruler
- ➢ Modifying tabs on the ruler
- ➢ Setting tabs in the tabs dialog box
- ➢ Setting tab leaders
- ➢ Setting bar tabs
- ➢ Setting mixed tabs
- ➢ Removing tabs
- ➢ Understanding tables
- ➢ Creating a table
- ➢ Adding data to a table
- ➢ Selecting in tables using the ribbon
- ➢ Selecting in tables using the mouse
- ➢ Inserting columns and rows
- ➢ Deleting columns and rows
- ➢ Changing column widths
- ➢ Changing row heights
- ➢ Auto fitting columns

- ➢ Shading cells
- ➢ Modifying borders
- ➢ Adding custom borders
- ➢ Choosing a table style

Clip Art and pictures

- ➢ Understanding clip art and pictures
- ➢ Inserting clip art
- ➢ Selecting clip art
- ➢ Applying text wrapping styles
- ➢ Positioning clip art
- ➢ Resizing clip art
- ➢ Applying picture styles to clip art
- ➢ Resetting clip art
- ➢ Deleting clip art
- ➢ Inserting a picture
- ➢ Inserting an online picture
- ➢ Resizing a picture
- ➢ Changing the picture
- ➢ Cropping a picture

Performing a mail merge

- ➢ Understanding mail merge
- ➢ Understanding the mail merge process
- ➢ Creating a recipient list
- ➢ Creating the starting document
- ➢ Starting the mail merge wizard
- ➢ Selecting a recipient list
- ➢ Inserting mail merge fields
- ➢ Previewing the merged documents
- ➢ Completing the merge

Printing your documents

- ➢ Understanding printing
- ➢ Previewing your document
- ➢ Quick printing
- ➢ Selecting a printer
- ➢ Printing the current page
- ➢ Specifying a range of pages
- ➢ Specifying the number of copies

Outcomes

By the end of this course, students are able to:

- work with the basic features of Word
- create a new document
- work with a document
- display documents using various views
- select and work with text in a document
- use a range of font formatting techniques
- format paragraphs
- work effectively with features that affect the page layout of your document
- create and modify tabs and tables
- insert and work with clip art and pictures
- use the Mail Merge Wizard to perform mail merges
- print a document
- find the information you need in Help
- Create high quality document designs and layouts.

NAME OF THE PARTICIPATES

slno.	Name of the student	Slno	Name of the Student		
1	R. Raveena	21	J.Sandhya		
2	N. Anusha	22	R.Sandhya Rani		
3	Ch.Sai Priya	23	K. Mounika		
4	T.Sahithi	24	G.Soumya		
5	N.Supriya	25	K.Shailaja		
6	T.Naga Rani	26	P.Prathyusha		
7	D.Jyothi	27	O.Shylaja		
8	A.Spurthi	28	R.Supraja		
9	D.Sannidhi	29	G.Ramya		
10	K.Ankitha	30	P.Navatha		
11	D.Anusha	31	u.Prathyusha		
12	O.Akhila	32	G.Supriya		
13	V.Kavya	33	G.Sonali		
14	B.Shivani	34	Ayesha Fatima		
15	K.Sushma	35	Meena		
16	Afreen	36	Ayesha Fatima		
17	A.Pravallika	37	S.Pavani		
18	B.Srilatha	38	Prabhukumari		
19	S.Ramya	39	Swathi		
20	vijaya	40	Shyamala		
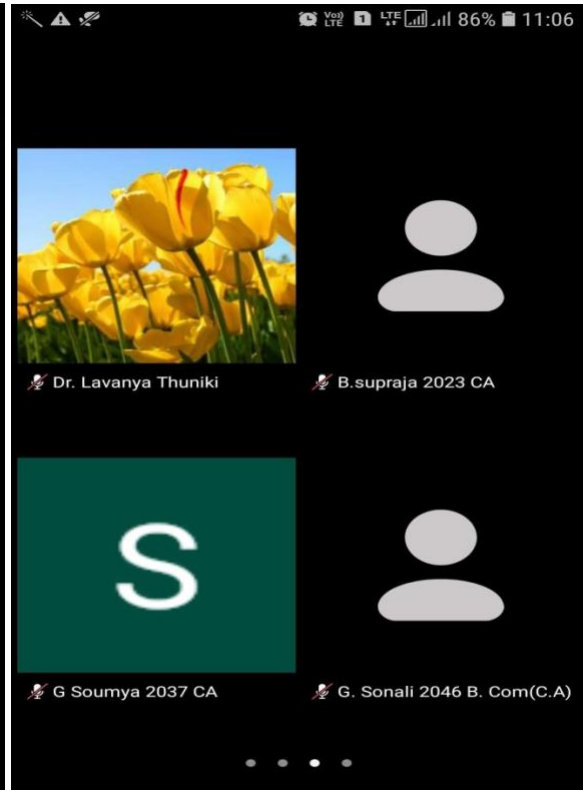
GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

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NAAC ACCREDITED with 'B+' 3rd Cycle
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A Certificate Program
on
Microsoft Word Application

Commences from 27-01-2021 to 10-02-2021

**Organized by Department of Commerce
in association with
Department of Computer Science and Applications**

Committee Members
Dr. B. Rajani Devi
J. Swapna
M. Kalpna
P. Sushma
D. Srinivas

Dr. T. Lavanya
Coordinator

Dr. T. Sreelakshmi
Principal

Government Degree College for Women, Karimnagar

(Affiliated to Satavahana University)
NAAC ACCREDITED with 'B+' 3rd Cycle
An ISO 9001:2015 CERTIFIED INSTITUTION

CERTIFICATE

This is to certify that Ms. / Mrs. {{full name}}, {{other identifier}}, {{other identifier2}} of Government Degree College for Women has successfully completed online certificate course on "MS-Word Application" Organized by Department Commerce and Department of Computer Science & Applications from 27th January 2021 to 10th February 2021.

Dr. T. Lavanya
Convener

Dr. T. Sreelakshmi
Principal

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

DEPARTMENT OF COMMERCE

ORGANISED

ONLINE CERTIFICATE COURSE

ON

"VALUE EDUCATION"

FROM 16-04-2021 TO 01-05-2021

GOVT DEGREE COLLEGE FOR WOMEN, KARIMNAGAR

ONLINE CERTIFICATE COURSE ON VALUE EDUCATION
FROM 16.04.2021 TO 01.05.2021, 15 days 30 hours

The meaning of Value Education is to teach universal values like moral values, patience, honesty, etc, to the students. The purpose of value education is the development of the personality of the student.

The Students should develop in all dimensions so that they can serve the nation more democratic, cohesive, socially and responsibly.

Course Objectives

- ➢ Development of good manners and responsibility towards citizenship.
- ➢ To understand the way of thinking and living.
- ➢ To give the students a progressive way for their future and also helps them to know the real purpose of their life.
- ➢ This makes it clear to them, the best way to live a life that can be helpful to individuals as well as people around.
- ➢ Value education helps students to become more responsive and practical.
- ➢ This helps them to better recognize the perception of life and lead a positive life as a responsible resident.
- ➢ It also helps in developing a strong relationship with family and friends.
- ➢ It changes the personality and character of the students.
- ➢ Value education changes a positive opinion about life in the student's mind.

Name of the Resource person

Brahma Kumari Sister Manisha
Brahma Kumari Sister Meenakshi

Course outcome

Value education is essential for building the character of future citizens, teaching them good values, helps them choose the right path, it gives moral value to students.

Also helps students to follow their interest and find answers to the questions, it helps in preserving healthy life socially, economically and mentally, also helps in the cumulative ability of students by increasing their skills. It all means achievements for our families, advancement in existing technology and transfers it to the next generation.

Course Curriculum

Slno	Topic
1	Inaugural
2	Need for Positive Thinking
3	Discovering original identity
4	Developing self Esteem
5	Stress Managing Skills
6	Stress Management
8	Enhancing Effectiveness
9	Emotional Maturity
10	Mind Management
11	Inner Dynamics of Self
12	Anger Management
13	Sources of thoughts
14	Managing thoughts
15	Sources of values, Valedictory

GOVERNMENT DEGREE COLLEGE FOR WOMEN
KARIMNAGAR
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Department of Commerce
Organizing Online Certificate Course
On
"Value Education"

:SPEAKERS:
BRAHMA KUMARIS

Course Commences from 16-04-2021

Conveners
Dr. T. Lavanya
Incharge Dept. of Commerce
Dr. B. Rajani Devi
Lecturer in Commerce

Organizing Committee
J. Swapna
S. Sudhama
P. Srinivas

Dr. T. Sreelakshmi
Principal & Chairperson

Zoom Meeting ID: 998 3480 6461 Passcode: Values

VALUE EDUCATION
Morality Truth Love
Peace CORE HUMAN VALUES Right Conduct
Non-Violence Tolerance

Living Values Education

Government Degree College for Women, Karimnagar
(Affiliated to Satavahana University)
NAAC ACCREDITED with 'B+' 3rd Cycle
An ISO 9001:2015 CERTIFIED INSTITUTION

CERTIFICATE

This is to certify that Ms. / Mrs. {{full name}}, {{other identifier}}, {{other identifier2}} of Government Degree College for Women has successfully completed online certificate on "Value Education" Organized by Department Commerce from 16th April 2021 to 1st May 2021.

Dr. T. Lavanya
Convener

Dr. T. Sreelakshmi
Principal

List of Students

Slno	NAME OF THE STUDENT
1	Komakula.Ankitha
2	Chintala Saipriya
3	Joga. Divya
4	Dyagari Anusha
5	Gorre.Supriya
6	Kommidi vandana
7	Jodu Saichandana
8	Spurthi Anarasu
9	Sandhya
10	Guda soujanya
11	Sannidhi Dandamraj
12	Nyalam supraja
13	K.himasri
14	Khudsiya khanam
15	Gugloth Sravanthi
16	Thadigoppula Kushma
17	Akulapravalika
18	Pendli Susmitha
19	Nikhitha
20	Janne kavya
21	Bolgam divya
22	Kompelly soujanya
23	Bolishetti krishnanjali
24	Arshiya
25	Bommakanti Saipriya
26	Rajamounika. Kota
27	Orsu.Shylaja
28	G soumya
29	Khareena Abbas
30	Odyala Akhila
31	Syeda Ayesha Fathima
32	AFIFA SHEREEN
33	Seepelli soumya
34	Hajra Bee
35	Kompelly Shwetha
36	Atika Mumtaz
37	GUDISE SHRUTHI
38	PILLI JYOTHI MAHENDRA
39	Katta Soniya
40	Soumyasri muthoju
41	Chiluveru anusha
42	N.Sravani
43	Pondurthi Akhila
44	Gadasu Akshitha
45	Akhila boini
46	Hafsa Firdose
47	Mallaram sneha
48	Perumandla anushka

49	P.sindhuja
50	Banda Gayathri
51	Korvi.Bhavyasri
52	Manisha
53	SAMUDRALA. ARCHANA
54	Ayilla sridevi
55	MALOTH SHYLAJSMA
56	Thukkadi kavya
57	Kunchala Harshitha
58	Jella. Akanksha
59	Goritala Ashwini
60	Firdouse sajid
61	Mounika. Aaayilla
62	Ayesha Tabassum
63	Banoth kalpana
64	Hajara shireen
65	Nishath Sultana
66	A.kavya
67	Kalpana korutla
68	Gadasu Akshitha
69	G.Naveena
70	Shukriya
71	Soumya
72	Kasarla Saraswathi
73	Gurram Lavanya
74	NEELAM NAVYA
75	Marupaka Rakshitha
76	Anandas ramya
77	Gaddi sharanya
78	Ryapani Laxmi
79	Asma
80	D.Ashritha
81	Gattu Saipriya
82	Namani Deepika
83	Masiha firdose
84	Odhela vaishnavi
85	Maturi Sai Priya
86	Bethi Krupa
87	Putta akhila
88	Akhila
89	Siddam Akshitha
90	mamidipellysamatha
91	Swetha
92	Ketham. Harshitha
93	Alle Prasanna
94	Battula mounika
95	Sonali G
96	Arfa Nazreen
97	Challuri. Premavani
98	Boyeni Abhigna

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

DEPARTMENT OF COMPUTER SCIENCE & APPLICATIONS

ORGANISED

ONLINE CERTIFICATE COURSE

ON

"FUNDAMENTALS OF COMPUTERS FOR HOUSEWIVES"

FROM 16-04-2021 TO 01-05-2021

Principal & Chairperson : Dr. T.Sreelakshmi

Incharge : Dr.T.Lavanya Dept. of Commerce

Faculty concerned : Smt.M.Kalpana Dept. of Computer Science & Applications

Smt.P.Sushma Dept. of Computer Science & Applications

Mr.D.Srinivas Dept. of Computer Science & Applications

Mr.M.HariKrishna Dept. of Computer Science & Applications

Smt.M.Rajitha Dept. of Computer Science & Applications

Smt.N.Bhanupriya Dept. of Computer Science & Applications

Technical Assistant :Mr.K.Satheesh Kumar Dept. of Bio-Technology

Duration :30 Hrs. Program.

Eligibility :10th Standard.

Timings :2 Pm to 4 Pm.

Days :April 16th 2021 to May 1st 2021.

Mode of Study :Face to Face though Zoom App.

Fee : Free of Cost.

Back Ground:

This course is mainly for housewives. Course aims to learn basic concepts of computer skill to housewives. Each lesson focuses on main skills and including practicing of fundamentals related topics. This skills will be great benefit to housewives and help them to develop their skills and simultaneously befit to know what their children's doing on computer.

Learning Objects and intended skills of the Course:

1. The course has been designed for UG students to be able to create an awareness about the four fold language skills i.e. LSRW skills.
2. To help learner identity and repair the voids in her present vocabulary and pronunciation targeting those specific array of words which create a barrier in her thought process.
3. To improve the accuracy and fluency of their pronunciation.
4. To enhance employability skills.
5. To develop confidence and interpersonal skills.
6. To enable the learner to achieve adequate linguistic skills to help her international certification tests of English such as IELTS and TOEFL.
7. To impart better writing skills by sensitizing the learners to the dynamics of effective learning.

Course Trainers:

S.No	Name of the Faculty	Designation
1	Smt.M.Kalpana	Lecturer in Computer Science and Applications
2	Smt.P.Sushma	Lecturer in Computer Science and Applications
3	Mr.D.Srinivas	Lecturer in Computer Science and Applications
4	Mr.M.HariKrishna	Lecturer in Computer Science and Applications
5	Smt.M.Rajitha	Lecturer in Computer Science and Applications
6	Smt.N.Bhanupriya	Lecturer in Computer Science and Applications

Course Coordinator   **Course Co-Coordinator**   **Course Chairperson**

Dr.T.Lavanya   M.Kalpana   Dr. T.Sreelakshmi

Incharge   P.Sushma   Principal

Dept. of Computer   D.Srinivas   GDC (W) KNR.

Science & Applications

CURRICULUM SYLLUBUS

1. Desktop

2. Desktop icons

3. Folder creation - with Practical

4. Desktop icon creation - with Practical

5. Start button

6. Popup menu

7. Accessories - - with Practical

8. Paint - with Practical

9. Microsoft office

    a. MS-WORD - with Practical

    b. MS-EXCEL - with Practical

    c. MS-POWER POINT - with Practical

10.   Google Chrome - with Practical

11.   Searching – you tube videos, images, text, lessons etc.,

12.   Gmail account creation - with Practical

TIME TABLE ALLOCATION TO TRAINERS
(April 16th to May1st 2021 , 2pm to 4pm)

1. Smt.M.Kalpana   (16th, 19th&20th of April 2021)

2. Mr.D.Srinivas   (17th, 18th& 30th of April 2021)

3. Smt.P.Sushma   (22nd , 23th& 1stof May 2021)

4. Mr.M.Harikrishna   (24th& 25th of April 2021)

5. Smt.M.Rajitha   (26th&27th of April 2021)

6. Smt.N.Bhanupriya   (28th& 29 th of April 2021)

NAME OF PARTICIPANTS:

1. G. Bhagyalaxmi
2. K. Ankhitha
3. A. Swathi
4. Thara
5. D. Vijaya
6. D. Padma
7. G. Kalyani
8. Anjum tabassum
9. Samreen sultana
10. Fouziya khatoon
11. S. Laxmi
12. D. Nagajyothi
13. A. Sunitha
14. U. sandya rani
15. Mamatha deggy
16. B. Mamatha
17. G. Soundarya
18. J. Bhagyalaxmi
19. A. Sandhya rani
20. P supriya
21. Sagarika
22. E. vijaya
23. J. Shravya
24. K. Renuka
25. Asra anjum
26. P. Manjula
27. K. Meghana
28. K. Rishitha
29. A. sushma
30. Tabbasum
31. D. padma
32. G. Vijaya
33. B. Sandyavani
34. Sumaiya amena
35. J. Kanakalaxmi
36. Seema qudsia
37. V. Saritha
38. B. Sharadha
39. J. Anusha
40. J. Harika

GOVERNMENT DEGREE COLLEGE FOR WOMEN, KARIMNAGAR

(Affiliated to Satavahana University)
NAAC ACCREDITED with 'B+' 3rd Cycle
An ISO 9001:2015 CERTIFIED INSTITUTION

Certificate of Completion

This is to certify that Ms. / Mrs. **Balasani supriya**, is **Degree 2nd year** from **Hyderabad , miyapur Madinaguda,Janapriya Nile Valley** has successfully completed 30 Hours Online Certificate Course on "*Fundamentals of Computers*" Organized by the Department of Computer Science and Applications from 16th April 2021 to 01st May 2021.

Dr. T. Lavanya
HOD, Department
Computer Science & Applications

Dr. T. Sreelakshmi
Principal & Chairman

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR

ENTREPRENEURSHIP DEVELOPMENT CELL

&

DEPARTMENT OF COMMERCE

ORGANISED NATIONAL LEVEL WORKSHOP

ON

PRINTING & DYEING BY WOMEN ENTREPRENEUR

SMT. PPRATIMA CHANDRA SHEKHAR

HYDERABAD

From 31-03-2021

GOVT. DEGREE COLLEGE FOR WOMEN, KARIMNAGAR
ENTREPRENEURSHIP DEVELOPMENT CELL

Chairman: Dr. T. Sree Lakshmi, Principal GDC (W), Karimnagar

Coordinator: Dr.T.Lavanya, Asst Prof of Commerce

Members: Ch. Shobha Rani, Lecturer in English

M. Shakunthala , Asst Prof of Economics

ENTREPRENEURSHIP

An entrepreneur is a creator or a designer who design new ideas and business processes according to the market requirements and his/her own passion. Entrepreneurship is the art of starting a business, basically a startup company offering creative product, process or service. We can say that it is an activity full of creativity.

Entrepreneurship development is the process of improving the skills and knowledge of entrepreneurs through various training and classroom programs. Entrepreneurship development is concerned with the study of entrepreneurial behaviour, the dynamics of business set-up, development and expansion of the enterprise.

EDP is a programme meant to develop entrepreneurial abilities among the people. In other words, it refers to inculcation, development, and polishing of entrepreneurial skills into a person needed to establish and successfully run his / her enterprise. Thus, the concept of entrepreneurship development programme involves equipping a person with the required skills and knowledge needed for starting and running the enterprise.

The whole point of entrepreneurship development is to increase the number of entrepreneurs. This accelerates employment generation and economic development. Entrepreneurship is promoted to help lessen the unemployment problem, to overcome the problem of stagnation and to increase the competitiveness and growth of business and industries.

Develop and strengthen their entrepreneurial quality/motivation

The basic objectives of EDP are to:

1. Develop and strengthen entrepreneurial quality, i.e., motivation or need for achievement.

2. To analyze environmental set up relating to small industry and promoting it.

3. Removing unemployment

4. Enhancing industrial development

5. Developing industrially backward region.

6. Select project/product.

7. Formulate the project.

8. Understand the process and procedure involved in setting up small units.

9. Know the sources of help and support available for starting a small-scale industry.

10. Acquire necessary managerial skill required to run the industrial unit.

Date: 10-03-2021 Awareness program on Entrepreneurship Development Cell by Dr.T.Sree Lakshmi Principal, Dr.T.Lavanya EDC Coordinator, Ch.Shobha Rani & M. Shakunthala Members and students participated in the Programme.
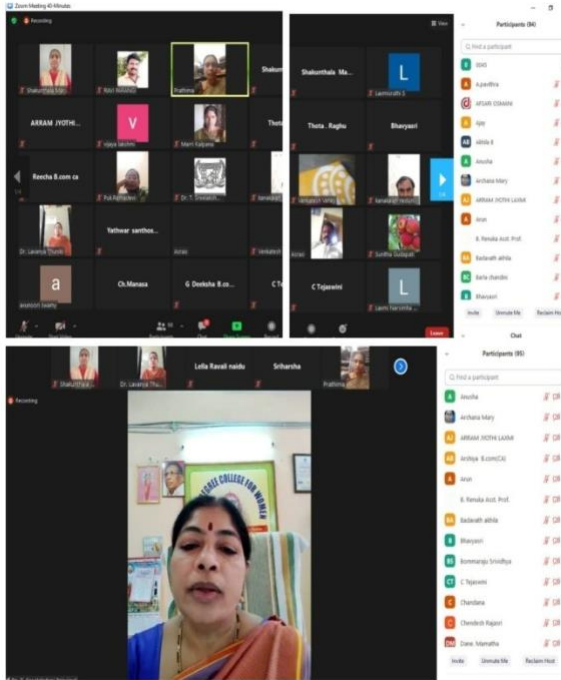
GOVERNMENT DEGREE COLLEGE FOR WOMEN
KARIMNAGAR, TELANGANA STATE
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**Entrepreneurship Development Cell,
Department of Commerce & Economics**
Organizing
National Level Workshop
On
Printing & Dyeing

Resource Person
Smt. M.Prathima Chandra Shekar Kumar
Women Entrepreneur Sasi Sri Printing & Dyeing
Manufacturer & Suppliers, Hyderabad.

Date: 31st March 2021
Time: 02:30 PM

zoom

Meeting ID: 793 0583 2809
Passcode: 1234

Dr. T. Sreelakshmi
Principal & Chairman

Dr.T.Lavanya
Convener & Coordinator
Entrepreneurship
Development Cell

M.Shakunthala
Convener
Incharge,
Dept. of Economics

Ch.Shobha Rani
Member
Entrepreneurship
Development Cell

Karimnagar Women's College webinar enthuses students to launch start-ups

Karimnagar, March 31: "Women should focus on establishing start-ups and take up projects that create jobs instead of hunting for jobs," enthused woman-entrepreneur M Prathima Chandrashekhar Kumar of Sasi sri Printing and Dyeing, Hyderabad, while addressing women students at a webinar organized as part of a workshop on printing and dyeing at the Government Women's College in Karimnagar.

While explaining her business model, Prathima Chandrashekhar informed that though she held a postgraduate degree in mathematics, she forayed into the printing and dyeing business due to her interest and the ability to provide employment to others.

Encouraging the students to launch start-ups, Prathima Chandrashekhar maintained that as women they were best suited for business where eyes for planning and control on finances were essential for success. "Though women constitute more than 49% of the population in the country, women seldom enter the world of the business.

 But the times have changed. It is time to come out of your shell as banks and other financial institutions are coming forward to extend assistance to help you launch your business which will boost the economic growth of the country," she stated.

College principal T Sreelakshmi also stressed on the importance of women foraying into business and urged the students to equip themselves with the necessary skills.

Entrepreneurship development cell (EDC) coordinator, T Lavanya; economics department in-charge M Shakunthala; vice principal Sampath Kumar Reddy and EDC member Shoba Rani among others participated in the webinar.

https://aakerunews.com/karimnagar-womens-college-webinar-enthuses-students-to-launch-start-ups/

Govt.Degree &PG college for Women,Karimnagar

Affiliated to Satavahana University

Online Certificate course on Yoga

A 30 Hr. online course on Yoga has been organised by Ethics values committee in collaboration with Departments of English, Economics, Botany, Chemistry and Hindi for 15 days from 16.4.2021-03.05.2021

YOGA ONLINE COURSE 2021 OBJECTIVES

1. To make the students learn the concepts of yoga.
2. To make them understand the importance of yoga for maintaining a healthy body and stress free mind.
3. To make them practice Astanga yoga for instilling the qualities of patience, perseverance and goal oriented.
4. To make them learn and practice various asanas, pranayamas and mudras regularly.
5. To make them practice yoganidra for keeping the mind focussed.
6. To make them practice meditation for improving their concentration levels.

YOGA ONLINE COURSE CURRICULUM & SCHEDULE

Topic	Date	Duration	Trainer
1. Yoga concepts			
a. Introduction to Yoga	16.04.21	1 hour	A. Meenakshi
b. Importance of yoga	16.04.21	1 hour	M. Shakunthala
2. Yoga sutras or aphorisms of sage Pathanjali			
a. Astanga Yoga or Eight Limbs of Yoga	17. o4. 21	1 hour	M. Shakunthala
b. Kriya Yoga or Action Yoga & Chitta prasadas or The pleasant Mind	17. o4. 21	1 hour	A. Meenakshi
3.Surya Namaskaras or Sun salutations	19.04.21	1 hour	K. Sunitha
4. Kriyas or Body Cleansing Processes	19.04.21	1 hour	A. Meenakshi

a. Kapalabhathi or Skull shining purification
b. Jalanethi or Nasal cleansing
c. Sutranethi or Thread nethi

5. Asanas or Postures

a. Sitting asanas	20.04.21	2 hours	K. Sunitha &G. Jyothi

I. Vajrasana or Diamond pose   ii. Bhadrasana or Butterfly pose
iii. Padmasana or Lotus position
iv. Baddapadmasana or Locked lotus pose v. Gomukhasana or Cow
    face pose vi. Ustrasana or Camel pose
vii. Sasankasana or Rabbit pose

b. Standing asanas	22.04. 21	2 hours	K. Sunitha & G. Jyothi

I. Tadasana or Palm tree pose, Tiryak Tadasana or Swaying palm tree pose ii. Vrikshasana or Tree pose

iii. Ardhakati Chakrasana or Latera arc pose

iv. Ardha Chakrasana or half wheel pose   v. Padahasthasana
   or Hand to foot pose

vi. Trikonasana or Triangle pose

c. Twisting asanas   23.o4.21   1 hour   M. Shakunthala

I. Vakrasana or Half spinal twist pose   ii. Ardhamatsyendrasana or Half fish pose

d. Prone asanas   23.04.21   1 hour   G. Jyothi

a. Bhujangasana or Cobra pose

b. Shalabhasana or Locust pose or Grasshopper pose

c. Dhanurasana   or Bow pose

d. Makarasana or Crocodile pose

e. Supine asanas   24.o4.21   2 hours   M. Shakunthala &

                                                                                             G. Jyothi

I. Naukasana or Boat pose   ii. Uthanapadasana or Raised leg pose

iii. Pavanamukthasana or Wind relieving pose

iv. Sarvangasana or Shoulder stand pose   v. Sethubandhasana Bridge pose

vi. Shavasana or Corpse pose

5. Mudras or seals or gestures   26.04.21   2 hours   A. Meenakshi

a. Chinmudra or Jnana mudra or Wisdom gesture

b. Chinmaya mudra or Awareness gesture

c. Vaayumudra or Air gesture

d. Merudandamudra or Spinal column gesture

e. Adimudra or Primal gesture

f. Brahmamudra or Gesture of all pervading consciousness

6. Bandhas or Locks   27.04.21   1 hour   A. Meenakshi

a. Moolabandha or Root lock

b. Uddiyanabandha or Abdominal lock or Upward lifting lock

c. Jaalandhara bandha or Throat lock

7. Chakras or Energy centres   27.04.21   1 hour   A.

Meenakshi
a. Moolaadhaara chakra or Root chakra
b. Swaadhishtaana chakra or Sacral chakra
c. Manipura chakra or Solar Plexus chakra
d. Anaahatha chakra or Heart chakra
e. Vishuddha chakra or Throat chakra
f. Ajna chakra or Third eye chakra
g. Sahasraara chakra or Crown chakra

| 8. Pranayama or Breath regulation | 28. 04. 21 | 2 hours | M. Shakunthala & |
| K. Sunitha |

a. Kapalabhathi or Skull illuminating Pranayama
b. Anuloma viloma or Alternate nostril breathing
c. Ujjayi Vibhaga pranayama
d. Bhastrika or Bellows breath
e. Bhramari or Humming bee breath
f. Udgitha or Om or Primordial sound breath

| 9. Dharana | 29. 04.21 | 1 hour | M. Shakunthala |

I. focussing on a point
Ii. Focussing on light   iii.
Focussing on a goal

| 10. Dhyana or Meditation | 29. 04. 21 | 1 hour | K. Sunitha |
| | 30. 04. 21 | 1 hour | G. Jyothi |

a. Meditation in Shambhavi mudra
b. Panchakosa meditation
c. Vedantha meditation on Om
d. Meditation on the tip of the nose
e. Chakra meditation

| 11. Yoganidra or Yogic sleep | 30. 04. 21 | 1 hour | G. Jyoyhi |

13. Yoga practice
| a.   Asanas, pranayamas, mudras & meditatin | 01.05.21 | 2 hours | G. Jyothi & M. Shakunthala |

14. Yoga practice
| a. Asanas, pranayamas, mudras & meditation | 02.05.21 | 2 hours | A. Meenakshi & K. Sunitha |

15. Yoga practice

a. Asanas, pranayamas, mudras & meditation   03.05.21   2 hours   A. Meenakshi & K.Sunitha

COURSE OUTCOMES

1.   The students have experienced the influence of yoga practice in making them physically and mentally fit in this crucial covid 19 pandemic situations.
2.   Students have understood their inner capabilities and became confident enough to face the challenges of life.
3.   They have learnt how to overcome the distractions and to be goal oriented.
4.   They have been inculcated the qualities of empathy, compassion, generosity, service etc.,
5.   They have understood how yoga improves the tranquility of the mind and can make the world peaceful.
6.   The regular practice of asanas, pranayamas and meditation encouraged them in making yoga a part of their life.

Names of Resource persons

Mrs.A.Meenakshi, Asst.Prof. of English

Mrs.M.Shakunthala Asst.Prof. of Economics

K.Sunitha Asst.Prof. of Botany

G.Jyothi Asst.Prof. of Chemistry

Names of the participants

Sl.no.	Name	Class, group	Mail ID
1	Nagamani	B.sc Mpcs	
2	KOTHAGATTU ARCHANA	B.Sc (Mpcs)2 yr	kothagattugouthami123@gmail.com
3	Mudhrakola Swathi	Mpcs 1st year	swethamudrakola27@gmail.com
4	Parvathi Pujinitha	Biotechnology 2nd year	pujinithapatel@gmail.com
5	Arshiya	Bsc mpcs(final year)	arshiyamohd1414@gmail.com
6	Boyini sushmitha	B.sc(MPCs)1st year	susmithaboyini54@gmail.com
7	Muthoju Soumya Sri	1year b com computer telugu mu	soumyasrimuthoju2@gmail.com
8	Govindula Kavya	Bsc Mpcs	govindulakavya2002@gmail.com
9	Goritala Anusha	BSc (MPCs)	anushagorityala523@gmail.com
10	Mudhrakola Swathi	Mpcs 1st year	swethamudrakola27@gmail.com

11	Pondurthi Akhila	B.com CA	rajaiahsnani@gmail.com
12	Bukya Shilpa	BSC (BZC) lll year	shilpa29122000@gmail.com
13	Durshanam Anjali	B.Sc(MPCs)	anjalidurshanam@gmail.com
14	Advala breeti	Mstds dgree1'st yr	advalabreeti@gmail.com
15	Gandra Sridhar Rao	Physical Director	sridharraogandra@gmail.com
16	Janne kavya	B.sc mpcs final year	kavyajanu074@gmail.com
17	Harshitha Eruvaka	Bsc (mpcs) 1st year	Jllellaswathi3@gmail.com
18	Jillella Swathi	B.Sc (MPCs) second year Karimnagar	Jllellaswathi3@gmail.com
19	Shanigarapu Soumya	BSC (MPCS) 2nd year	ShanigarapuSoumya99@gmail.Com
20	A.Madhumitha	Degree Btbc /student	madhumithamony2000@gmail.com
21	Vemulawada Sharanya	Mpcs	vemulawadasharanya@gmail.com
22	Vaishnavi vavilala	Degree 1st year Bsc [Mstcs]	vaishnavivavilala567@gmail.com
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24	Advala Breeti	Mstds dgree1'st yr	advalabreeti@gmail.com
25	Kududula soumya	Bsc 1st year	dorababu0024@gmail.com
26	ASHNA PARVEEN	BA (HEP) / student	singathiprathyusha@gmail.com

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28	Singathi prathyusha	1st year(mpcs)	rajithabaddam1210@gmail.com
29	Mounika.Aayilla	B.Com(CA)1st year	swethamudrakola27@gmail.com
30	Baddam.RajithaReddy	B.com ca e/m	rameshkurra4422@gmail.com
31	Mudhrakola Swathi	Mpcs 1st Student	ShanigarapuSoumya@gmail.com
32	Kurra Sathwika	Bsc physics (Mpcs) 1st year	buragaddasreeja@gmail.com
33	Shanigarapu Soumya	BSC (MPCS) 2nd year	vemulawadasharanya@gmail.com
34	Bhuragadda sreeja	Bsc (mstcs) 2nd year	kotaanusha722@gmail.com
35	Vemulawada Sharanya	Mpcs degree 1st	nallasravani272@gmail.com
36	Kota anusha	B.A1year	psuprajapsupraja75@gmail.com

37	Nalla.Sravani	B.com(CA)1st year	janagamasrinidhisrinidhi@gmail.com
38	Panakantisupraja	BA(HEP) 1year/ student4	buragaddasreeja@gmail.com
39	Janagama srinidhi	B. Com CA	vemulawadasharanya@gmail.com
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41	Vemulawada Sharanya	Mpcs degree 1st year	vemularavali15@gmail.com
42	Singathi prathyusha	1styear Bsc(mpcs)	shariyaparveen1999@gmail.com
43	V. Ravali	B. Sc Mpcs 1st year	psuprajapsupraja75@gmail.com
44	SHARIYA PARVEEN	B.A	kududulasoumya9381@gmail.com
45	Panakantisupraja	BA(HEP) 1year/student	buragaddasreeja@gmail.com
46	Kududula soumya	Bsc 1st year	soujanyamartha123@gmail.com
47	Bhuragadda sreeja	Bsc mstcs 2nd year	sathwikaallam4@gmail.com
48	Martha soujanya	Bsc bzc	lalitha7730@gmail.com
49	Allam Satwika	BSC [BZC] 3ed yr	sulthanrenu768@gmail.com
50	Banoth Lalitha	Bsc (mpc)	psuprajapsupraja75@gmail.com
51	Sulthan renuka	Bsc mpcs	singathiprathyusha@gmail.com
52	Panakantisupraja	BA(HEP) 1year/student	sriharshakonkati@gmail.com
53	Singathi prathyusha	1st yearBsc(mpcs)	supriyahoneyp@gmail.com
54	Konkati Sriharsha	BA 1st Year(H E P) Student	buragaddasreeja@gmail.com
56	Bhuragadda sreeja	Bsc mstcs 2nd year	mnda2001@gmail.com

57	Janagama srinidhi	B. Com CA	sulthanrenu768@gmail.com
58	NIDA MAHEEN	Yoga course	akhilaarapelli@gmail.com
59	Sulthan renuka	Bsc mpcs	kotaanusha722@gmail.com
60	Arapalli Akhila	Bsc (Mpcs) 2nd yr	jettinarmada3@gmail.com
61	Madhavaneni Neetha	BSC MPCs Final year	ShanigarapuSoumya99@gmail.Com
62	Jetti Narmada	MPCS 1 st year	gadasuakshitha73@gmail.com

63	NAGUNURI MANASA	BSC BZC	kunchalaharshithaharshitha@gmail.com
64	Gadasu Akshitha	B.Com CA	anjalineelam002@gmail.com
65	Kunchala Harshitha	B.com computers	kondapakasrivani16@gmaile.com
66	Neelam Anjali	Bcom.ca 1st year	samathasunkarapalli@gmail.com
67	Kondapaka srivani	B.sc MPCS	shruthigudise39@gmail.com
68	SUNKARAPALLI SAMATHA	B.SC (M.PCs, 2nd year	vellullaraju5@gmail.com
69	GUDISE SHRUTHI	B. COM (CA) E/M 2year	b.lalitha8599@gmail.com
70	Vellulla Ruchitha	BA HEP	jettinarmada3@gmail.com
71	Banoth Lalitha	Bsc mpc	gadasuakshitha73@gmail.com
72	Jetti Narmada	Mpcs 1 st year	cheekatlayadamma@gemail.com
73	Gadasu Akshitha	B.Com CA	jettinarmada3@gmail.com
74	Cheekata yadamma	Bsc(mpcs) final year	charijanardhan1999@gmail.com
75	Jetti Narmada	MPCS 1 st year	poojithapentala@gmail.com
76	Chari mounika	Bscbzca	rajaiahsnani@gmail.com
77	Pentala poojitha	B. Sc(mpcs) 2nd Year, student	bolumallakeerthi73@gmail.com
78	Pondurthi Akhila	B.com CA 1st year	mneetha2000@gmail.com
79	Bolumalla keerthi	Bsc Bzc 2nd year	bolumallakeerthi73@gmail.com
80	Madhavaneni Neetha	BSC MPCs Final year	
81	Bolumalla keerthi	Bsc Bzc 2nd year	
82	Alishetti alekhya	BSC bzc 3rd year	kothagattugouthami123@gmail.com
83	Laishetti.Rama	B.sc(Mstcs) 1st year	swethamudrakola27@gmail.com
84	Godishela sarika	BA HEP 1st year	pujinithapatel@gmail.com
85	BOYENI ABHIGNA	B.com(c.a),2nd year, student	arshiyamohd1414@gmail.com
86	Kondapaka srivani	Bsc.(Mpcs)	madhumithamony2000@gmail.com
87	Kondapaka srivani	B. Sc mpcs	soumyasrimuthoju2@gmail.com
88	Arsam anjali	Bsc(data science)	govindulakavya2002@gmail.com
89	NEELAM NAVYA	Certificate course in yoga	anushagorityala523@gmail.com

| 90	Bandari.sanjana	Mpc's bsc	swethamudrakola27@gmail.com
91	Konka Madhavi	B.sc physical science	rajaiahsnani@gmail.com
92	WAJAHAT PARVEEN	STUDENT	shilpa29122000@gmail.com
93	Laishetti.Rama	B.sc(Mstcs) 1st year	anjalidurshanam@gmail.com
94	Konka Madhavi	B.sc physical science	advalabreeti@gmail.com
95	Eruvaka Harshitha	Bsc(mpcs) 1st year karimnagar	kavyajanu074@gmail.com

Certificates:

Evidences

Day 1:
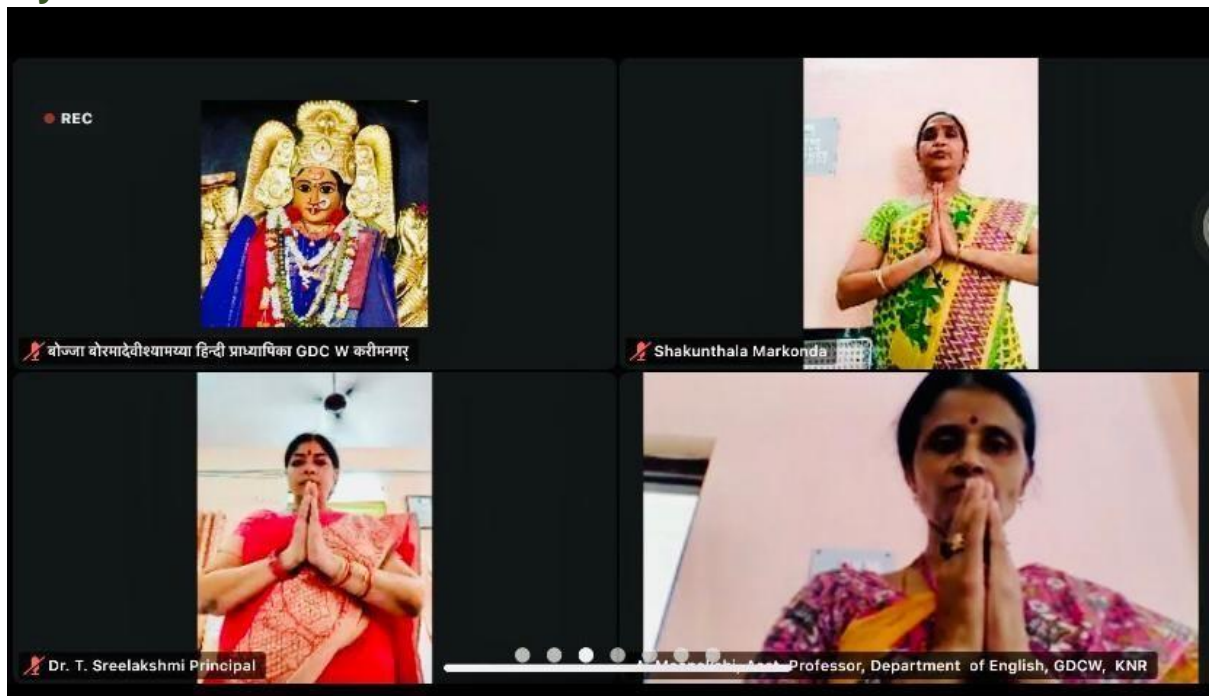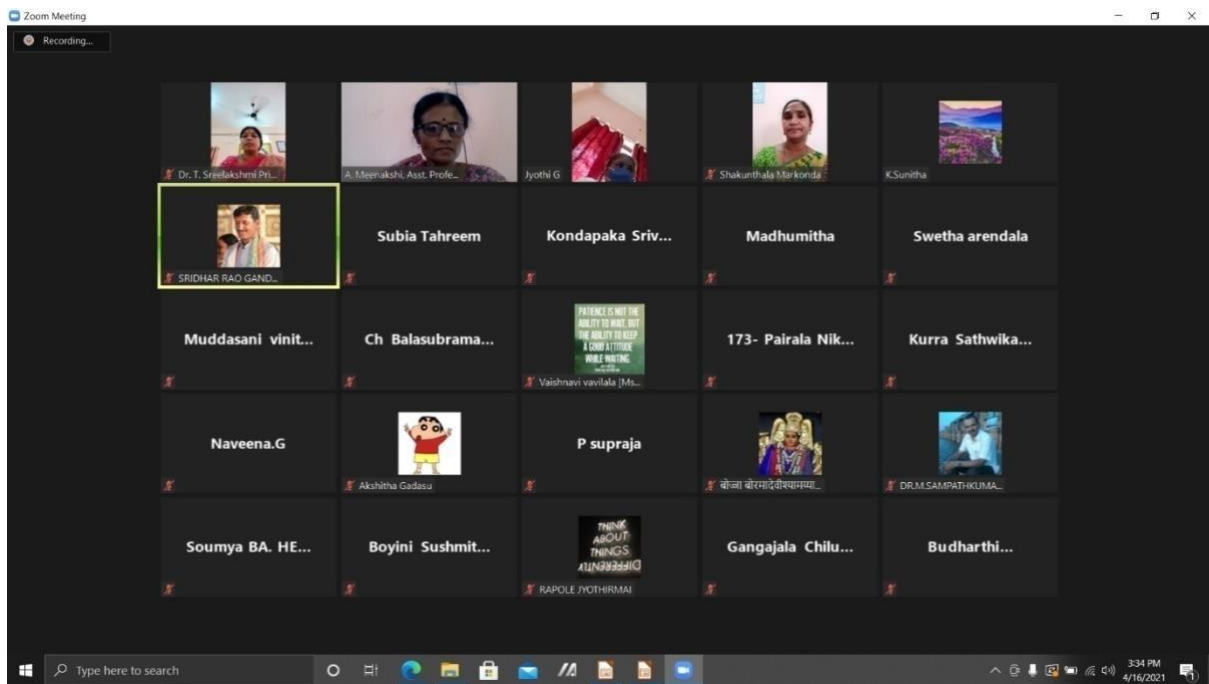
CHITHA PRASADAS BY PATANJALI

➢ As one can see one's reflection in the still water, one can see one's own real self when the mind is pure and calm.

➢ Patanjali divides people into four types and says that one will acquire undisturbed calmness by cultivating

➢ Maitri or Friendliness towards the happy

➢ Karuna or Compassion for the unhappy

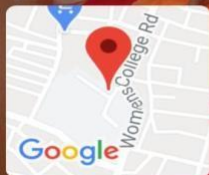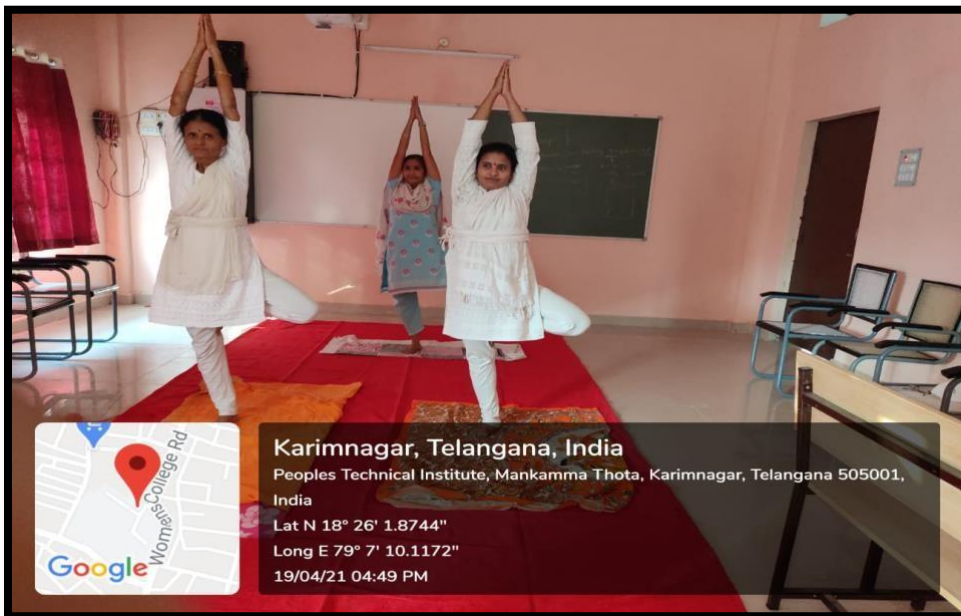➢ Muditha or Delight in the virtuous

➢ Upeksha or Indifference towards the wicked

Day 2:

Karimnagar, Telangana, India
Peoples Technical Institute, Mankamma Thota, Karimnagar,
Telangana 505001, India
Lat N 18° 26' 2.5512" Long E 79° 7' 10.3692"
17/04/21 04:30 PM

Day 3:

Karimnagar, Telangana, India
Peoples Technical Institute, Mankamma Thota, Karimnagar, Telangana 505001,
India
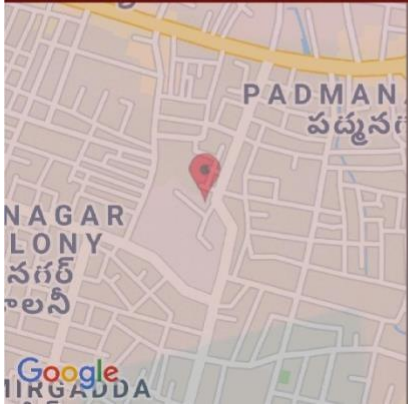Lat N 18° 26' 1.8744"
Long E 79° 7' 10.1172"
19/04/21 04:49 PM

Peoples Technical Institute, Mankamma Thota, Karimnagar, Telangana 505001, India

Karimnagar
Telangana
India

40°C
104°F

2021-04-30(Fri) 04:09(pm)

CERTIFICATE COURSE IN YOGA-EVALUATION Question paper

Multiple choice questions

1. The following is not one of the panchakosas   (c   )
a. Annamaya kosa b. Pranamaya kosa c. Rasamaya kosa d. Vijnanamaya kosa

2. The author of "Yogasutras" is   (b   )
a. Adi Sankaracharya b. Sage Pathanjali c. Yogi Vemana d. Ramanujacharya

3. The limbs of the "Astanga yoga include   (d   )
a. Asana   b. Pranayama   c. Dharana   d. a,b &c

4. The five principles of Niyama are   (a)
a. Personal observations b. social restraints c. physical exercises d. concentration methods

5. Find out the forward bending asana in the following (a   )
a. Padahasthasana   b. Ustrasana   c. Bhadrasana d. Padmasana

6. The following is an example of backward bending asana   (b   )
a. Gomukhasana   b. Ardha chakrasana c. Vrikshasana d. Tadasana

7. Truth, Non-violence, Brahmacharya, Non-stealing, Non-possessing are the principles of   (a)
a. Yama   b. Niyama c. Asana d. Pranayama

8. The social restraints of Astanga yoga are   (c   )
a. Prathyahara   b. Pranayama c. Yama   d. Dharana

9. The eighth limb of "Astanga yoga is"   (d   )
a. Dharana b. Dhyana   c. Asana d. Samadhi

10. The name of the chakra that is between the eye brows   (b   )
a. Mooladhara chakra b. Ajna chakra c. Anahatha chakra d. Swadhishtana chakra

11. Another name for chinmudra is   (a   )
a. Jnana mudra b. chinmaya mudra c. adimudra   d. Brahma mudra

12. The following one is part of Tribandhas   (d   )
a. Jalandhara bandha   b. Uddiyana bandha   c. Moolabandha d. all the above

13. Total steps in Suryanamaskaras are   (b   )
a. 10   b. 12   c. 11   d. 09

14. The following is the spinal twisting asana   (c   )
a. Vakrasana   b. Ardhamatsyendrasana   c. a & b d. none

15. The following is the charioteer or saradhi according to Katopanishad   (b   )

a. senses   b. intellect   c. mind   d. body

16. The five horses of the chariot represent   (a   )
a. Sense organs   b. motor organs   c. mind d. body

17. The Panchakosa theory is present in the following Upanishad   (b   )
a. Thithariya   b. Brihadaranyaka   c. Mundaka   d. Kata

18. The following asana is good for insulin production   (cd)
a. Ardhamatsyendrasana   b. Vakrasana c. Trikonasana   d. all

19. Which limb of yoga helps in controlling the mind as one controls the kite with the help of the thread.
(c   )
a. yama   b. niyama   c. Pranayama   d. asana

20. Bhramari pranayama is good for increasing   (a   )

a. concentration   b. disease   c. phlegm   d. headache

21. Which of the following is a prone asana   (d   )
a. Makarasana   b. Bhujangasana   c. Shalabhasana   d. a, b & c

22.Find out the supine asana in the following asanas   (b   )
a. padmasana b. sethubandhasana c. makarasana d. tadasana

23. The asana that is useful for sciatica is   (d   )
a. Bhujangasana   b. shalabhasana   c. sethubandhasana d. a, b & c

24. The name of the student that received the knowledge of self from Lord Yama in Katopanishad (c)
a. Narada   b. Swethakethu   c. Nachiketha d. None

25. Who taught the the knowledge of self in Katopanishad.   (a   )
a. Lord Yama   b. Lord Vishnu   c. Lord Shiva   d. Sun god

26. One should inhale in the following step of Suryanamaskaras   (d   ) a. 2
    b. 4 c. 7   d. all

27. One should breathe out in the following step of suryanamaskaras   (d   ) a.
    3 b. 5 c. 8   d. all

28. Cleanliness, contentment, austerity, self study and devotion to God are the
    principles of   (b   )
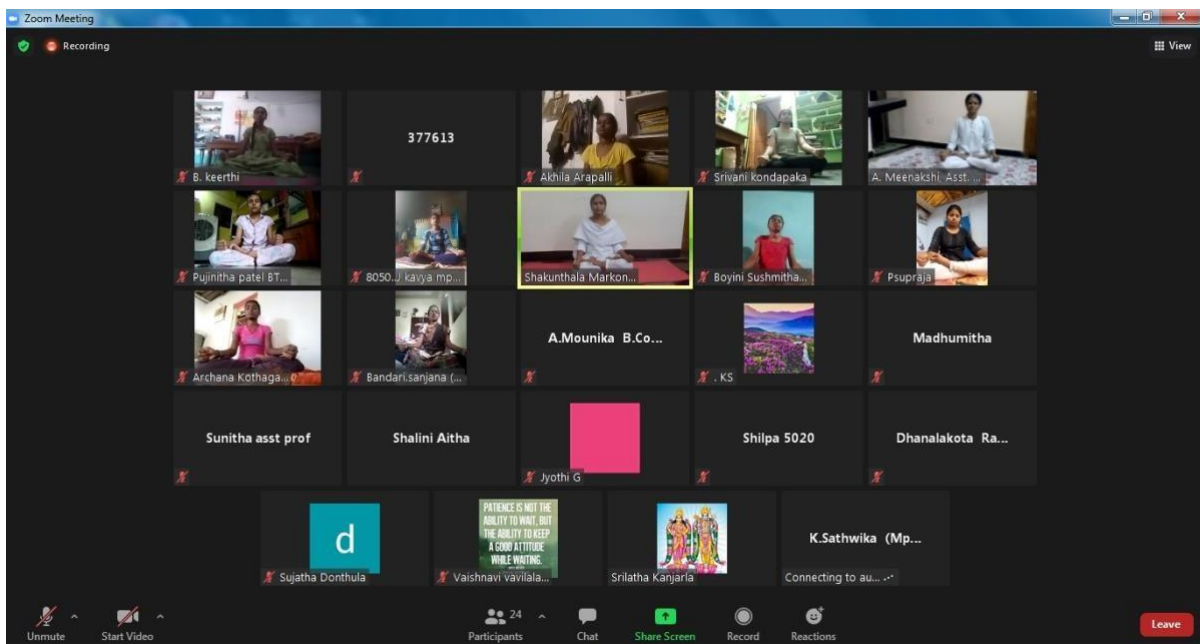a. Yama   b. Niyama   c. Dhyana   d. Dharana

29. Find out the standing asana in the following (c   )

a. Vajrasana   b. bhujangaasana   c. vrikshasana   d. Naukasana

30. The following asana is the sitting asana   (d   )

a. Padmasana b. Bhadrasana   c. Vajrasana   d. all:

Karimnagar, May 3: To cheer students stuck at home unable to venture out to savour the fresh morning air and enjoy a round of exercise, due to the raging pandemic, the Karimnagar Government College for Women conducted a 15-day online Yoga certificate course.

Faculty members A Meenakshi, M Shakuntala, G Jyothi and K Sunitha took to the mat to conduct classes daily from 3 PM to 5 PM. Students were taught various asanas to help strengthen and relax the body and pranayama to keep calm and improve concentration.
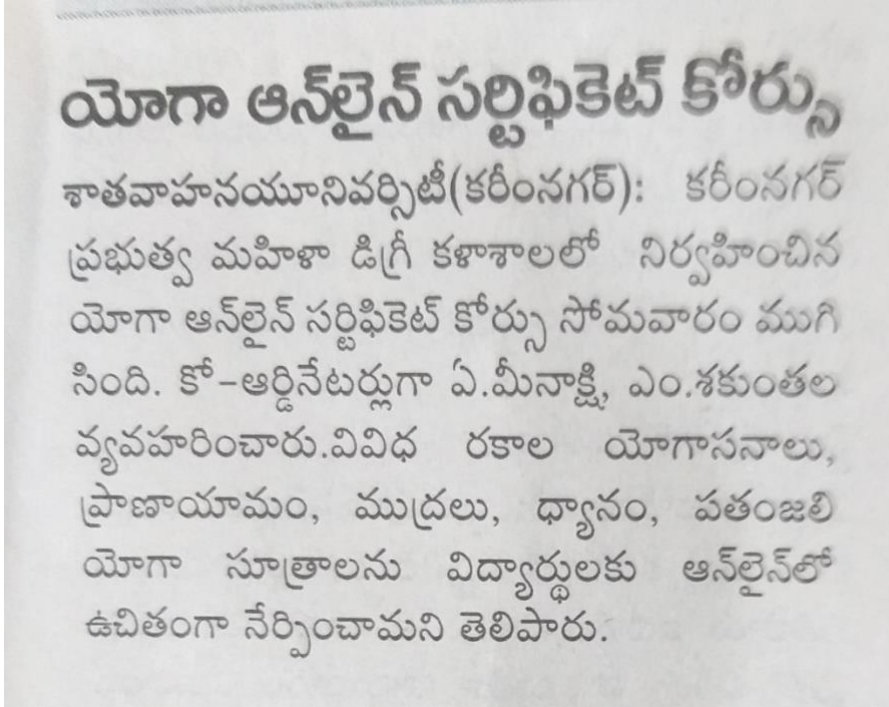
Faculty members A Meenakshi, M Shakuntala, G Jyothi and K Sunitha took to the mat to conduct classes daily from 3 PM to 5 PM. Students were taught various asanas to help strengthen and relax the body and pranayama to keep calm and improve concentration.

The course was conducted in coordination with the departments of English, Economics, Botany, Chemistry and Hindi, and received good response with 95 students completing the course to receive certificates.

The last class of the certificate course was conducted on Monday under the chairmanship of college principal T Sreelakshmi. College principal T Sreelakshmi called on the student community to make Yoga a regular part of their lives in order to overcome stress and increase their immunity needed to protect themselves from the deadly Coronavirus.

Kmds/nlc

యోగా ఆన్లైన్ సర్టిఫికెట్ కోర్సు

శాతవాహనయూనివర్సిటీ(కరీంనగర్): కరీంనగర్ ప్రభుత్వ మహిళా డిగ్రీ కళాశాలలో నిర్వహించిన యోగా ఆన్లైన్ సర్టిఫికెట్ కోర్సు సోమవారం ముగిసింది. కో-ఆర్డినేటర్లుగా ఏ.మీనాక్షి, ఎం.శకుంతల వ్యవహరించారు.వివిధ రకాల యోగాసనాలు, ప్రాణాయామం, ముద్రలు, ధ్యానం, పతంజలి యోగా సూత్రాలను విద్యార్థులకు ఆన్లైన్లో ఉచితంగా నేర్పించామని తెలిపారు.

COMMISSIONER OF COLLEGIATE EDUCATION
GOVERNMENT OF TELANGANA
PRESENT: SRI.NAVIN MITTAL, IAS.

CIRCULAR

Sub: Collegiate Education - Government Degree Colleges – One month In-house Training Program on Basic Computer Skills for Teaching and Non–Teaching Staff Members –Reg.

During the Virtual Meeting held on 15.03.2021 with Principals of GDCs in Telangana State, some of the Principals have informed the Commissioner of Collegiate Education that some of the Teaching and Non-teaching faculty members of GDCs do not have the basic Computer knowledge which ultimately leading to hindrance to the effective functioning of GDCs.

In order to efficiently maintain the Academic and Office Administration in all GDCs, it has been decided to conduct One Month (30 days) training program in Basic Computer Skills for the Teaching and Non-teaching faculty members of GDCs, who are not well-versed or not equipped with Basic Computer Skills.

The training would cover the following components of Computer Skills:

1. MS Word
2. MS Excel
3. MS Power Point
4. Internet Browsing and email usage
5. Usage of e-Office

Further, the Principals are instructed to identify the Teaching and Non-teaching staff for undergoing Training and ensure that they should be given proper training by the Computer Science/Applications Faculty member (Regular/Contract/Guest) of the respective colleges.

Prior to the identification of faculty members for imparting Computer training, the Principals should get the undertaking signed from the faculty members that they are aware of Basic Computer Skills and they would be able to work on the above said applications as a part of their regular Office/Academic duties.

In this connection, Principals are instructed to identify the Trainer and participants and are directed to commence the training program from today and complete the training program by 15 April, 2021 and ensure that all the

S.NO	NAME OF THE EMPLOYEE	EMPLOYEE ID	16/3 DAY 1	17/3 DAY 2	18/3 DAY 3	19/3 DAY 4	20/3 DAY 5	22/3 DAY 6	23/3 DAY 7	24/3 DAY 8	25/3 DAY 9	26/3 DAY 10	27/3 DAY 11	30/3 DAY 12	31/3 DAY 13	1/4 DAY 14	5/4 DAY 15	6/4 DAY 16	7/4 DAY 17	DAY 18	9/4 DAY 19	13/4 DAY 20	15/4	P
01	HAFEEZ MIYA	1536352	H	H	H	H	H	H	H	H	H	H	H	H	AB	H	H	H	H	H	H	H	19
02	SRI RAM REDDY	1542640	AB	G	G	G	G	G	G	G	G	G	AB	G	G	G	—	—	G	G	G		16
03	SABITHA	1508337	AB	AB	AB	AB	SL	SL	SL	SL	SL	AB	AB	SL	SL	SL	SL	SL	AB	AB	AB	AB	21
04	VAZIR ALI	1520413	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	NOk	21
05	YADAGRI	1525167																					21
06	HAMEED	1508259						AB	AB	AB												AB	17
07	PARSHARAMULU	154285	KPY	KPY	AB	KPY	KPY	KH	KH	KH	KH	KH	KH	KH	KH	AB	KPY	KPY	KPY	KPY	KPY	KPY	19
08	GOUSE PASHA	1520313	GY	GY	GY	GY	GY	GY	GY	GY	GY	GY	GY	GY	GY	AB	G	GY	GY	GY	Bally	Bally	20
09	BALA SUBRAMANYAM	1508356	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	Bally	AB					19
10	ANNAPURNA	1523793	An	An	An	An	An	An	An	An	An	An	An	An	An	An	An	An	An	An	An	An	21
11	BHARATHAMMA	1520826	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	K.Bha	AB	AB	AB	AB	AB	AB	AB	K.Bha	20
12	RAHEEMUNNISSA	1542630		AB	AB	AB	AB	AB	AB	AB	AB	AB	AB	AB	AB	AB	AC	AC	AC	AB	AB	AB	3
13	P. SHARADA	1520312	P.Sha	AB	P.Sha	P.Sha	P.Sha	AB	AB	AB	P.Sha	P.Sha	P.Sha	P.Sha	P.Sha	P.Sha	P.Sha	P.Sha	P.Sha	P.Sha	AB	P.Sha	16

DAY 1   16-03-2021

Introduction:

* Computer and its pheripherals
* Opening and closing off the computer
* Desktop and its properties
* Directory and folders
  → Creation of folders and Sub-folders
  → Saving files in the folders
  → Copying and pasting.

DAY 2   17-03-2021

Microsoft Office Word

Introduction:

* Menu based options
* Opening and creating word files
* Document creating and editing
* Moving across the word document
* Paragraph concepts
* Copy, cut and paste options
* Copy and paste , cut and paste
* find and Replace option contents.

DAY 3 18-03-2021

Microsoft Office Word

formatting Concepts:

* font style
* Bold, Italic and Underline concepts
* font size
* Paragraph concepts (Bullets, Symbols)
* Alignment concepts
* Sentence formations.

DAY 4 19-03-2021

Microsoft Office Word

Letter Writing

* Letter Title
* form address
* To address
* subject and Reference
* Body of the letter
* Closing letter

DAY 5   20-03-2021

Micro Soft Office Word

formatting Concepts / Letter Writing

* Letter Title
* form Address
* To Address
* Subject and Reference
* Body of the Letter
* closing Letter

DAY 6   22-03-2021

Microsoft office Word

Letter Writing

* Letter Title
* form Address
* To Address
* Subject and Reference
* Body of the Letter
* closing letter

Day 7   23-03-2021

Microsoft Office Word

* Practising word formatting concepts
* Letter writing concepts
* Borders concepts
* Letter subject & Reference concept
* Practising MS-Word Letter documentation.

Day 8   24-03-2021

MS-Word Applications

* Creation of Tables
* Rows and Columns creating and inserting, deleting Concepts
* Exercising table concepts
* Creating of Tables are exercised.

Day 9 ·   25-03-2021

MS-Word Application

* Practising Tables
* Adding rows and columns
* Table deleting and creating
* Inserting and deleting rows and columns

DAY 10 _____ 26-03-2021

Microsoft Office Excel Application

Introduction

*
* Opening and creating excel wooksheets
* Spreadsheet concepts
* → Row 1, 2, 3, 4-----
  → Column A, B, C, D---- :
* Creation of Tables
* → Employee Table field concepts
* Calculations of DA, HRA, TA...

DAY 11 _____ 27-03-2021

Microsoft Office Excel

* Employee table creation
* Calculation of DA and HRA
* Practising of Tables in Excel
* Entering data in the table
* Calculating data and other fields
* cell Alignments concepts

14

MS-Excel

* MS- Excel Table inserting fields
* MS- Excel Table deleting fields
* Table borders and designing tables
* Table Indents
* Table fields increasing and decreasing column and gow length
* Table format Concept

MS-Excel

* Table designing
* formatting the table
* → Alignments, fonts, Styles
* Introduction to chart / Graphs
* Data representation in charts
* Types of charts
* Displaying data in column and Bar charts
* Using pie charts data represented
* Enabling the insert menu Concepts

DAY 14   01-04-2021

MS-Excel

* Table designing
* Formatting the table
→ Alignments
→ Font Style
* Introduction to charts / Graphics
* Data Representation in charts
* Types of charts
* Displaying data in column and Bar charts
* Using pie charts data represented
* Enabling the insert menu concepts.

DAY 15   03-04-2021

Micro Soft Office Power Point

* Introduction to Power point
* Creating a new slide
* Inserting images or pictures in a slide
* Adding Text in a slide
* Performing slide show

Day 16   06/04/2021

Microsoft office Powerpoint

* Formatting slides
* Inserting Images & Tables
* Animations
* Inserting Effects
* Presenting slide show

Day 17   07/04/2021

CAIMS

* Introduction to CAIms website.
* download student Registers
* download statistical Reports
* admissions
* searching student data
* add new admission.

Day 18   08/04/2021

CAIMS

* Certificate Management system
* Bonafide Certificate
* Transfer Certificate
* Searching students data
* statistical Reports

Day 19   09/04/2021

Internet Browsing

* Home page
* Types of WEB sites
* searching Data
* CCETS website
* Browsing
* Satavahana website

Day 20   12/04/2021

E-mail creation

* www.gmail.come website
* Creating E-mail ID with using signup
* signIn Email account
* Compose mail
* Sending & Receiving mails
* Attaching documents to mails
* Delete unwanted mails

Given an assignment to all on this training aspects.

Questions given from the applications of

- MS. Word
- ms- Excel
- ms- Powerpoint &
- Internet Concepts

Each application holds a question and they Practised on each Programme.

Nuf.

Karimnagar, Telangana, India

Womens College Rd, Mankamma Thota, Karimnagar, Telangana
505001, India

Lat N 18° 26' 0.1392"

Long E 79° 7' 9.1596"

16/03/21 04:51 PM

Google

Karimnagar, Telangana, India

GOVERNMENT DEGREE COLLEGE FOR WOMEN KARIMNAGAR,

Kashmeergadda, Karimnagar, Telangana 505001, India

Lat N 18° 26' 0.204"

Long E 79° 7' 9.1848"

15/04/21 06:40 PM

Google

ANNEXURE - A

UNDERTAKING

Name of the Faculty/Office Staff:

Subject/Department:

Designation:

No. of Years of Teaching/office Experience:

1. I hereby declare that, I do not have proper knowledge on Basic Computer skills and therefore I want to undergo training on Basic Computer Skills which is being imparted at college level for a period of one month.

2. Further, I am here with giving my undertaking that, I will equip myself with the Basic Computer and Internet knowledge andI will put my efforts to learnBasic Computer Skills, to undertake computer work/assignment assigned by the Principal.

Date: Signature

ANNEXURE - B

UNDERTAKING

Name of the Faculty/Office Staff:

Subject/Department:

Designation:

No. of Years of Teaching/office Experience:

1. I hereby declare that, I am havingrequiredknowledge on Basic Computer skills and therefore, I do not need to undergo training on Basic Computer Skills which is being imparted at college level for a period of one month.

2. Further, I am here with giving my undertaking that, I have equipped myself with the Basic Computer and Internet knowledge and can undertake any computer work/assignment being assigned by the Principal.

Date: Signature