## GOVERNMENT DEGREE COLLEGE FOR WOMEN, BEGUMPET MEGA MEDICAL CAMP

Government Degree Collge for Women, Begumpet (Autonomous) in association with Osmania Hospital, Hyderabad organized a Mega Medical Camp for all the Parents of students and staff of GDC W begumpet on 23<sup>rd</sup> March 2022 in college campus.

Dr. K.Padmavathi, Chairperson, NSS has inaugurated the camp. In this camp, Doctors from Osmania Medical collegeDr.L.VijayaSree, Dr.Pavani, Dr.Anusha, Dr.Jayasuriya, Dr.Kiran Kumar, Dr. Logeshwari, DR. Misha, DR.Rabiha, Dr.Shadan, Dr.Karthikeyan, DR.Shirisha, Dr.Usman, Dr.Godhasri, Dr.AshithaKaur have attended. Their services included general health check up, BP, Blood glucose measurements, BMI calculation, Dental health care, Gynaecology, Opthalmology, Orthopaedics.

Dr.Karthikeyan, nutritionist in his address said that the life style of the youth has been spoiled by adopting the fast food culture. He suggested that all should make it a habit to have green vegetables and drink more water. He advised students to avoid using too much of mobile phones which will deteriorate the memory as well as health. He said that youth are attracted by various kinds of unhealthy substances and spoil their future. He urged the students to make a habit of having food in a disciplined manner to maintain good health. Physical exercise and balanced food habits create a sound mind and sound body, he added.

Principal, Dr.K.Padmavathi in her remarks, appreciated the organizers and the team of Doctors from Osmania Medical College for the medical services offered to Parents and staff of our college through this medical camp. She also suggested to students to adopt the best way to maintain good health by adopting healthy eating habits and say goodbye to the fast food and beverages.

## **Organizers:**

Unit 1 PO - Dr. K. VenkateshwarluUnit 2 PO - Smt.C. Uma Maheshwari Unit 3 PO – Dr.M.MadhukarRaoUnit 4 PO - Dr.A.Madhuri











